

June 2017

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[www.seminolelake.net](http://www.seminolelake.net)

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*Mark Your Calendar*



**JUNE**

Friday, June 2 <sup>nd</sup>	Casual Dinner Night
Friday June 9 <sup>th</sup>	Casual Dinner Night
Friday, June 16 <sup>th</sup>	Casual Dinner Night
Saturday, June 17 <sup>th</sup>	Odd Even Tournament
Friday June 23 <sup>rd</sup>	Monthly Low Gross Low Net Tournament
Friday, June 30 <sup>th</sup>	Birthday Dinner Night Casual Dinner Night

**JULY**

Tuesday, July 4 <sup>th</sup>	Flag Tournament
Friday, July 7 <sup>th</sup>	Casual Dinner Night
Friday, July 14 <sup>th</sup>	Casual Dinner Night
Friday, July 21 <sup>st</sup>	Casual Dinner Night
Saturday, July 22 <sup>nd</sup>	Jam Night
Friday, July 28 <sup>th</sup>	Birthday Dinner Night

**AUGUST**

Friday, August 4 <sup>th</sup>	Casual Dinner Night
Friday, August, 11 <sup>th</sup>	Casual Dinner Night
Thursday, August 17 <sup>th</sup>	Mickey Quinn's Pro Am
Friday August 18 <sup>th</sup>	Casual Dinner Night
Friday, August 25 <sup>th</sup>	Birthday Dinner Night

**SEPTEMBER**

Friday, September 1 <sup>st</sup>	Casual Dinner Night
Monday September 4 <sup>th</sup>	Labor Day Tournament
Friday, September 8 <sup>th</sup>	Casual Dinner night
Friday, September 15 <sup>th</sup>	Italian Theme Dinner Night
Friday September 22 <sup>nd</sup>	Casual Dinner Night
Friday, September 29 <sup>th</sup>	Birthday Dinner Night

*Thank You, Bryan.*

It is with mixed emotions that we inform you that Bryan Cox our First Assistant Golf Professional has tendered his resignation at Seminole Lake Country Club.

The reason for his resignation is that he has accepted the position as of Regional Vice President of Operations with Rodems Golf Management LLC and will be moving to Springfield Illinois to oversee the operation of 3 golf courses.

Bryan came to us 2½ years ago from Belleview Biltmore where he held the position of General Manager. He left that position because he stated that he just got burned out on corporate golf and wanted a change.

Over the course of his tenure here, Bryan became an integral part of our club, rediscovered his love for the business and was instrumental in the operation of the entire club. His work ethic was beyond reproach, his personal service ranked among the best we have ever seen and his dedication to the club was evident in everything he did.

Although we are sad to see him leave, he feels that this will be a good move for him as It is a move back home for him as he is from Illinois along with being a positive career move for him as he will be assuming more responsibility.

We're sure all of you will join us in wishing Bryan the best of luck with his new position and you can rest assured that he will be sorely missed.

*Free Cart Fee For Dad  
On Father's Day*

In honor of Father's Day, we will be offering a FREE CART FEE for all dads on Sunday, June 18<sup>th</sup> any time of the day.

Why not take this opportunity to show dad how much you appreciate him by bringing him out for a game of golf on his special day.

## *Seminole Lake*

### *Board of Governors 2016*

Mrs.Carolyn Smith – Chairman  
Mrs. Joanne Richardson – Vice Chairman  
Mr. John Lisenbee – Greens Committee  
Mr. Frank Dummar – Tennis committee  
Ms. Judi Kline – Social Committee  
Mr. Jim Libby – Golf Committee  
Mr. Ed Hallock – Board Member  
Mr. Mr. Tim O’Hara – Board Member  
Mr. Terry Walker – Board Member  
Mr. Ray Stull – Board Member

### *Improvement Update*

We are pleased to be having one of the best transitions we have ever experienced and are looking forward to making more progress with our ongoing Bermuda to Paspalum transition of our playing areas this summer. The combination of the excellent overseed followed by a relatively warm and dry winter has left us with more coverage in the fairways than we have ever seen this time of year.

With this being said, we plan to continue our improvement of the fairways and will be implementing a plan over the summer where we will be using a combination of cores from the aerification, sprigs and sod in order to achieve the quality of turf we are looking for prior to the end of this growing season. We plan to start this program with the aerification during the first part of June.

### *Thursday Night League*

During the month of May we continued our Thursday Night Golf League with excellent participation averaging over 60 players each night. The Thursday Night League starts at 5:30pm and is open to all members and their guests with entry fee set at \$20.00, which includes golf fees, prize purse, skins, tax and an end of the year Tournament and Banquet.

The format each week is a two player team, 9 hole stroke play event using a point quota system with team and individual prizes, giving each player two chances to win.

Make your plans to come join us on Thursday Nights and enjoy some lively competition and excellent camaraderie

## *From The Manager*

May was another dry month for the club, but we’re not worried because June always comes through with the start of the summer rains and we can expect to see that starting during the beginning of the month.

The first event on the schedule for May was our Annual Mother’s Day Brunch, which is always a special day at the club as all of the mothers and grandmothers in attendance are beaming with pride. Chef Dave, Jenny and the entire Food & Beverage staff did an awesome job with this event and everybody had excellent comments on the quality of the food, the selection and the service.

The next event for May was our monthly Low Gross Low Net Tournament, which we held on the 26<sup>th</sup>. These events are part of our Player of the Year Contest and have been very well received by the membership

Following the Tournament we hosted our Birthday Dinner Night, which attracted another nice crowd and again a big thank you to Chef Dave, Jenny and the staff did another excellent job.

The final event of the month was our Red / White / Blue Memorial Day Tournament, which was held on the 29<sup>th</sup>. Thirty five players teed it up for this fun event and our thanks go to everyone who played with our congratulations going to the winning teams of John Kremp and John McNaughton and Steve Pollock and Cliff Williams.

Looking forward to June we will be hosting two tournaments during the month starting with our Odd / Even Tournament on the 17<sup>th</sup> followed by our Monthly Low Gross Low Net Tournament on the 24<sup>th</sup>. Look for more particulars regarding these events on the website and on the flyers included with your statement and make your plans to join us.

On the Social schedule we will be hosting our Birthday Dinner Night on the 23<sup>rd</sup> and we will also be continuing to serve casual dinner on the 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 30<sup>th</sup>. Although these nights are typically not as busy the Theme Dinner Nights and our Birthday Dinner Nights we continue to host a nice crowd and it as a perfect opportunity for all of our members to enjoy a quiet dinner at the club.

With the month of June always comes the start of our agronomic practices for the summer months, which includes aerification of most of the golf course. We apologize that we have to do this as it is very disruptive, but is necessary to ensure that we continue to enjoy optimum playing conditions throughout the year.

As always, if there is anything you would like to discuss, please feel free to stop me at the club, give me a call or send an email to me at [nhaglund@seminolelake.net](mailto:nhaglund@seminolelake.net). I always enjoy your feedback and look forward to serving your needs.

Sincerely,

Norm Haglund  
General Manager

## *Golf Course Update*

May was another dry month for the club although we did see a start to the beneficial rains towards the end of the month. However, the golf course continues to flourish even in these drought conditions and we are very pleased with where we are for this time of the year.

As in years past, we will be performing our major agronomic practices during the month of June, starting with aerification of the tees, collars and approaches on the 5<sup>th</sup>. We will not be closing the golf course for these procedures and although all of these areas will be disrupted for a couple of weeks, we can expect excellent playing conditions throughout the summer months as a result of these practices.

Along with the previously mentioned areas, we will be performing an air aerification of the greens on the 22<sup>nd</sup> and 23<sup>rd</sup>, which produces minimal disruption to the greens.

Unfortunately, aerification is a necessary evil in our business, and all courses in this area aerify this time of the year. The main reason for aerifying is to relieve compaction and to remove thatch that prohibits oxygen, nutrients and water from moving through the root zone.

We will not aerify again until the late summer when we will do a wall to wall aerification of the golf course and a core aerification of the greens, which will be more disruptive to the putting surfaces.

We appreciate your patience, and understanding during this important process on the course. Without this being done, we could not achieve our goals.

We have already started our golf course improvement projects for this summer. We are always excited to get these projects moving and we are extremely fortunate to have such an experienced and hard-working staff.

Almost all of the crew has been here the last 10 years with me if not longer. This makes our projects go like clockwork, and we hope to have these summer projects done in record time this year.

See you on the course

Sean Carlton

## *Improve Your Game Hydrate!*

Every summer it's important to remember about the dangers of outdoor activities during the heat of summer. As the hot weather approaches, you may not realize that the fastest and easiest way to lower your golf scores and improve your game is through proper nutrition and avoiding dehydration on the course.

That's right! Think about it. You spend your hard-earned money on equipment, lessons, and fees- don't let that money go down the drain! Pay attention to your hydration plan.

Without some kind of plan, you may experience both physical problems and a loss of mental focus on the course, resulting in the dreaded "back 9 blowup!" If that's all you go through, consider yourself lucky. Golfers lose their lives every year from dehydration.

If you wait until you are feeling fatigued or dehydrated before ingesting enough fluids, it may be too late. In fact, by the time these feelings come over you, an hour of your game has already deteriorated!

As dehydration occurs your blood gets thicker. As your blood thickens, it becomes more difficult to pump blood throughout your body. Your heart works harder, increasing your heart rate. Fatigue comes on faster. On average, a person needs to drink at least 16 to 24 ounces of water per hour while on the course.

There are many good products on the market to keep you hydrated, but water is necessary. Avoid caffeine because it contributes to the dehydration process.

So, get a plan, follow it, and enjoy a summer of better golf!

Adam McLear  
Head Golf Professional

### *Toasted Coconut Banana Bread*

#### **Ingredients**

1 cup grated coconut ~ 2 cups flour ~ 1 tablespoon baking powder ~ 1 teaspoon ground cinnamon ~ ½ teaspoon each salt and baking soda ~ ¾ cup sugar ~ 1 cup finely chopped walnuts ~ 1 egg ~ ¼ cup milk ~ 1/3 cup vegetable oil ~ 1 teaspoon vanilla extract ~ 2 softened bananas

#### **Directions**

1. Preheat oven to 350 degrees. Grease and lightly flour a 4½ x 8 ½ " loaf pan. Spread coconut in a shallow pan and bake, stirring occasionally, until lightly toasted 12 to 15 minutes and set aside.
2. In a large bowl mix flour, baking powder, cinnamon, salt, baking soda and sugar. Stir in walnuts and coconut.
3. Beat eggs with milk, oil and vanilla until well combined. Mash bananas (you should have about 1 cup) and blend with egg mixture. Add banana mixture to dry ingredients stirring just until blended.
4. Spread in prepared pan and bake until loaf is well browned and a wooden skewer inserted into the center comes out clean.
5. Cool in pan for 15 minutes on a wire rack, turn out onto the rack and completely cool

Makes 1 loaf