

Soup & Half Sandwich \$8.50 Enjoy a Cup of Soup along with a half Sandwich with your Choice of Deli Meats, Tuna Salad, Egg Salad or Chicken Salad 8.50 Substitute a Bowl of Soup 1.25

Soup & House Salad Enjoy any one of our Soups and a House Salad with your choice of Dressing 8.50

> Half Sandwich with Chips 6.50

### Soups

Bowl 5.25 Cup 4.50

Tomato Basil Bisque Chili, Cheese & Onions Ham & Bean Soup of the Day

#### Wraps

Turkey Bacon Ranch Wrap Thinly-Sliced Turkey in a Flour Tortilla with Bacon, Provolone Cheese, Lettuce and Tomato, Red Onion and Ranch Dressing 11.00

Jalapeño Ranch Chicken Wrap Choose from Grilled or Fried Chicken in a Flour Tortilla with Pepper Jack Cheese, Marinated Jalapeños, Lettuce, Tomato and Ranch Dressing 10.75

Prime Rib Wasabi Wrap Seasoned Prime Rib in a Flour Tortilla, Pepper Jack Cheese, Lettuce, Tomato and Cusabi 14.50

Buffalo Chicken Wrap Choose from Grilled or Fried Chicken in a Flour Tortilla with Lettuce, Tomato, Bleu Cheese and a Spicy Buffalo Dressing 11.50

Mahi Mahi BLT Wrap Blackened Mahi Mahi in a Flour Tortilla with Crisp Bacon, Lettuce and Tomato with a Key Lime Aioli Wrapped in a Flour Tortilla 12.95

Chicken Philly Wrap Grilled Chicken in a Flour Tortilla, Onions, Peppers and Mushrooms with Provolone Cheese 11.50

# Lunch Menu

### Salads

Spinach Salad Crisp Baby Spinach, Beefsteak Tomatoes, Red Onions, Crisp Bacon, Glazed Walnuts, Hard Cooked Egg, Craisins, Feta Cheese and Grilled Chicken Served with Raspberry Vinaigrette 11.50

Caprese Salad Beefsteak Tomatoes layered with Buffalo Mozzarella Cheese, Julienned with Pepperoni and Balsamic Vinaigrette 11.95

Salad Trio A Variety of Chicken, Egg and Tuna Salad on a Bed of Beefsteak Tomatoes with Baby Buffalo Mozzarella Cheese and Avocado 11.50

Classic Caesar Salad Hearts of Romaine Leaves Tossed with Shaved Romano Cheese & Fresh Croutons. Served with Traditional Caesar Dressing 7.95 - add Chicken 11.50 / add Mahi Mahi 14.50

Garden Cobb Salad Chopped Romaine Topped with Bleu Cheese Crumbles, Bacon, Beefsteak Tomatoes, Cucumbers, Olives, Hard Cooked Egg, Ham & Turkey 11.50

Coconut Shrimp Salad Chopped Romaine, Beefsteak Tomatoes, Craisins, Mandarin Oranges, Feta Cheese, Topped with Four Flash-Fried Coconut Shrimp served with Raspberry Vinaigrette 12.95

Sesame Chicken Salad Crispy Fried Chicken Tossed in Asian Sesame Sauce Served on a Bed of Crisp Romaine Lettuce Topped with Beefsteak Tomatoes, Cucumbers, Mandarin Oranges, Craisins, Sliced Almonds and Served with an Oriental Sesame Dressing 12.50

# Vegetarian Dishes

Crispy Vegetable Wrap \$8.95

Garden Hummus Wrap \$8.95

Garden Burger \$10.25 6 oz Garden Burger Topped with Lettuce, Tomato and Red Onion on a Kaiser Roll

# Just for the Kids – 7.95

Hot Dog / Chicken Fingers / Hamburger Includes French Fries, Fountain Soda and a Scoop of Vanilla Ice Cream

Consumer Advisory: Consuming raw or undercooked meats, poultry, eggs, seafood or shellfish increases your risk of contracting a food borne illness.

Chicken Tenders With your Choice of Dipping Sauce 10.75

Cheese Quesadilla Large Grilled Tortilla with Colby Jack Cheese, Sour Cream and Salsa 9.95 / add Chicken 11.50 / add Steak 13.50

Mahi Mahi Sandwich Grilled or Blackened Served on a Kaiser Roll with Lettuce, Tomato and Red Onions 11.50

Roast Beef Cheddar Melt Seasoned Roast Beef, Sharp Cheddar Cheese and Chipotle Aioli on Grilled Sourdough Bread 11.50

Atkins Protein Platter 8 oz. Lean Ground Beef or 6 oz. Marinated Chicken Breast with Grilled Onions and Sliced Tomatoes with Ranch Dressing 11.25

Atkins By The Sea Cajun or Grilled Mahi Mahi Topped with Grilled Onions and served with Beefsteak Tomatoes, Avocados and Ranch Dressing 11.95

Italian Panini Black Forest, Genoa Salami, Pepperoni and Provolone Cheese on Grilled Panini Bread with Pesto Aioli 11.95

Barbeque Bison Burger 6 oz. Grilled Bison topped with Sweet Barbeque Sauce and Balsamic Glazed Onions on a Grilled Kaiser Roll with Lettuce and Tomato 14.50

Brunch Burger 8 oz. USDA Beef topped with Applewood Smoked Bacon and an Over Easy Egg served on a Grilled Kaiser Roll with Lettuce, Tomato and Red Onion 13.50

Grill Room Burger Half Pound of 100% USDA Beef cooked to order and served on a Grilled Kaiser Roll 11.50

Marinated Chicken Sandwich Grilled Marinated Breast of Chicken Served on a Grilled Kaiser Roll with Lettuce, Tomato and Red Onion 11.25

> Add Cheese .75 Add Grilled Onions .95 Add Bacon 1.25

#### Extras

Side Salad5.25Sliced Tomatoes3.50French Fries3.50Chicken Breast4.50Onion Rings3.95

House BLT With Applewood Smoked Bacon, White Cheddar and American Cheese, Lettuce, Tomato and Sun-Dried Tomato Mayonnaise. Served on White, Wheat or Rye 10.95

Fried Egg BLT Five Strips of Applewood Smoked Bacon, Over-Hard Cooked Eggs, Lettuce and Tomato. Served on White, Wheat or Rye 9.95

Turkey Clubhouse Sandwich Triple Decker Roast Turkey, Applewood Smoked Bacon, American Cheese, Lettuce and Tomato. Served on White, Wheat or Rye 11.50

Create Your Own Sandwich Choose from Roast Turkey, Ham, Roast Beef, Egg, Chicken or Tuna Salad. Served on White, Wheat or Rye 9.75

Tavern Pretzel Reuben Your Choice of Thinly-Sliced Corned Beef Pastrami or Turkey, Sauerkraut, Swiss Cheese, Dijon Mustard and Russian Dressing on a Warm Pretzel Roll 11.50

Fried Chicken Po'boy Crispy Chicken Tenders on a Grilled Hoagie Roll with a Spicy Remoulade Sauce, Lettuce, Tomato and Red Onion 11.95

Philly Cheesesteak Grilled Beef with Onions, Peppers, Mushrooms and Provolone on a Grilled Hoagie Roll 11.95 / add Pepper Relish .95

Chicken Cheesesteak Sliced Grilled Chicken Breast, Sautéed Onions, Jalapeños and Bacon Topped with Melted Pepper Jack Cheese on a Grilled Hoagie Roll 11.95

Pastrami and Caramelized Onion Grilled Cheese Grilled Pastrami, Swiss Cheese, Balsamic Glazed Onion and Spicy Mustard on Grilled Sourdough Bread 10.95

Ultimate Grilled Cheese Buffalo Mozzarella, Applewood Smoked Bacon, Cheese, Pesto and Beefsteak Tomatoes on Grilled Sourdough Bread 10.95

> Patty Melt Black Angus Burger on Grilled Rye Bread with Swiss Cheese and Grilled Onion 11.50

Prime Rib Panini Dip Full of Flavor, Thinly-Sliced Served on Panini Bread with Horseradish Cream, Provolone Cheese and Au Jus Dipping Sauce 14.50

All Sandwiches Include choice of Cole Slaw, Chips or French Fries